



# EOORC News

Wednesday, August 24, 2022

The bi-weekly newsletter of the Eastern Ontario Outaouais Regional Council

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Rev. Dr. Carmen Lansdowne

General Council 44 witnessed an inspiring service on Sunday, August 7, 2022 when Rev. Dr. Carmen Lansdowne was installed as the 44<sup>th</sup> Moderator of the United Church of Canada.

You can view photos and access videos of the entire event [HERE](#).

Rev. Dr. Lansdowne's bio can be found [HERE](#).

In case you missed this...

**Pastor Sue Hutton, President, EOORC**

We featured a story about our new president in the [June 29<sup>th</sup>](#) issue of EOORC News.

Please note Pastor Hutton's email address is:

[Suehuttoneoorc@gmail.com](mailto:Suehuttoneoorc@gmail.com)

**SAVE THE DATE!**

The EOORC Fall Meeting will be held on November 5, 2022 at Bell's Corners United Church, Ottawa

We're excited to hold our first in-person meeting since early 2000.

EOORC News is a bi-weekly newsletter that provides information Communities of Faith of the EOORC, published every second Wednesday. If you want an item placed in the newsletter, please send it to [ajansman@united-church.ca](mailto:ajansman@united-church.ca) by 12 noon on Tuesday the week of publication. If you do not wish to receive this weekly newsletter, please send me an email to the same address above.

## Organizing A Church Event? Read This First and Reduce Waste!

As part of General Council 44, the United Church of Canada has hired a team of youth interns this summer from all across the country to work on advocacy projects ranging from LGBTQ2S+ rights to climate activism. One of these interns, Ronan Bosch has created a diagram hoping to entice communities of faith to significantly reduce their use of disposable plastics as part of his work this summer. With the help of the United Church of Canada, a chunk of the 3.3 million tonnes of plastic waste that is created in Canada would be eliminated. When having events, communities of faith end up using large amounts of single-use plastics certainly when it comes to food-related items. Have a look at the chart below to find some reasonable alternatives to the products most often used in a community of faith event settings.



### Plastic Bags

Around the world, over 5 trillion plastic bags are used per year. Canada alone represents 15 billion plastic bags used annually. Despite the fact that plastic bags are 100% recyclable, they are almost never recycled due to the fact they are more complicated to recycle than conventional items. It is important that communities of faith ensure that they use reusable bags instead of plastic ones.



### Plastic Water Bottles

According to the Plastic Soup Foundation, one million plastic water bottles are purchased every minute and in 2004, 480 billion water bottles were sold. As well as plastic bags, plastic water bottles are recyclable but are generally not recycled. Churches can avoid the use of plastic water bottles by using a cooler to contain water and drinks when putting on events. With those coolers, paper cups can be a good alternative for serving drinks as they are more commonly recycled.



### Plastic Straws

Plastic straws are a significant ocean pollutant. Scientists estimate that at least 437 million plastic straws lay on coastlines around the world. Wildlife, especially in oceans, must deal with effect of plastic waste on an almost daily basis. In fact, a study done by the World Wildlife Fund suggests that over 52% of all sea turtles have at some point in the lives consumed plastic waste. Due partially to this, the animal that plastic straws disturb the most are sea turtles. The solution to dealing with the problem of plastic straws is simple -- using reliable alternatives like paper straws which disintegrate faster and are recyclable or metal straws which are reusable.



### Non-Reusable Plastic Containers

Plastic packaging is just another example of plastic products that are very commonly wasted despite the fact that many types of packaging are recyclable. Along with plastic water bottles, when plastic containers degrade inevitably the chemicals secrete in the water causing many environmental problems. Cardboard containers are a 100% recyclable alternative. However, reusable containers are a much better alternative when it come to reducing plastic waste.



### Plastic Cutlery

Plastic cutlery is for the most part made with polystyrene. When polystyrene decomposes it turns into microplastics which are well known to be detrimental to the environment and wildlife as a whole but can also be detrimental to human health as well because microplastics often end up in our water systems and in our food. The most common way microplastics enter our food is by being consumed by fish which is then consumed by us. A popular alternative to plastic cutlery is of course metal reusable cutlery which can be easily cleaned causing no waste. If reusable cutlery is not an option, wooden cutlery can be a great compostable low waste option.



You are invited to a Retirement Celebration for  
Grant Dillenbeck  
Sunday, September 18, 2022  
Stittsville United Church  
[More information](#)



City View United Church has been cleaning up unused furniture and we have eighteen (18) wooden tables – FREE...36-1/2" x 30" x 30" trying to find a new home. We also have three (3) 55" x 30" x 23-1/2" wooden tables. If interested, contact Mary Lynne at [cvuc@bellnet.ca](mailto:cvuc@bellnet.ca)

# Resilience: Coping in Community



## Annual Theology Conference

October 17th-19th, 2022

**In Person and  
Livestreamed**

The in-person Conference will be held at Crossroads United Church 690 Sir John A. MacDonald Blvd, Kingston, ON K7M 1A2.

[More Information.](#)



# THE ROCK

Camp Lau-Ren

[Summer 2022 Issue](#)

is now available

## 2022 Church Office Administrators Retreat

*Fill Your Cup: Nourish & Restore Yourself*

October 4, 2022 at 7 p.m. to October 7, 2022 at 1 p.m.

Queen's House Retreat & Renewal Centre  
601 Taylor Street West., Saskatoon, SK S7M 0M8

[More information  
and registration](#)

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# OTTAWA SCHOOL OF THEOLOGY & SPIRITUALITY

*Connecting People on the Path of Faith and Learning*

**BOGO:** register a friend for free.

Some restrictions apply

**WHERE:** Hosted at. . .

**Dominican University College**

96 Empress St, Ottawa ON

**Some Courses Available on ZOOM**

**WHEN**

**Four 5-week sessions each year—**

**Sept. 19—Oct 24, Oct 31-Nov 28**

**Jan. 9—Feb. 6, Feb. 13– March 20**

**WWW.OSTS.CA**



**Monday**

**7:30 – 9:30 pm**

**\$75.00 per term or  
\$140.00 / year**

## **2022 COURSES**

- The Trinity: What does it mean & why does it matter.
- The Wisdom of Proverbs
- Intro to N. American Evangelicalism
  
- Do we really need the Old Testament?
- Engaging the Spirit through contemplative prayer
- The pattern of Connectivity

## News from the General Council Office



**E-ssentials**

The [August 16th](#) edition and the [August 23<sup>rd</sup>](#) edition of *E-ssentials* are now available.



The [August 15<sup>th</sup>](#) issue of *United-In-Learning* is available.

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