

Healing Pathway is an experiential spiritual and healing practice that supports well-being and resilience by promoting energetic alignment to all aspects of our being – physical, emotional, mental and spiritual. Programs are supported locally and nationally by the Healing Pathway Society.

*This workshop is sponsored by the Eastern Ontario  
Outaouais Healing Pathway Regional Council  
([HealingPathwayEast@gmail.com](mailto:HealingPathwayEast@gmail.com))*

## Where Two or More Gather

In this Phase 2 level course, the emphasis is on development of self as a Healing Pathway practitioner with a focus on the back, neck and head.

Our bodies are energy. We have fields of energy around us. Emotions and even thoughts carry energy.

When energies flow smoothly, all is well.  
When all is well, energies tend to flow well.

Stress, injuries, emotional wounds, and grief all impact the energy flow. Blocked energy can create pain and anxiety.

Everyone has the capacity to work with their own energy, and with other people's energy, to help it flow, to help in our healing

We can learn to tap into Universal or Divine energy and use it to heal. We can learn to be more connected to Universal energy, more grounded, more centred, creating more resiliency for ourselves and others.

All of this helps both in healing what already needs to heal in our bodies and helps keep us healthy, like exercise keeps us healthy.

## Location

Glen Cairn United Church, 140 Abbeyhill Drive, Kanata ON K2L 1H5

## Healing Pathway Society

is the national governing body of all Healing Pathway in Canada.

The Society oversees the Curriculum, code of ethics, and standards for all Healing Pathway practitioners and instructors.

Visit: [healingpathway.ca](http://healingpathway.ca)

Contact: [healingpathwaycanada@gmail.com](mailto:healingpathwaycanada@gmail.com)



# HEALING PATHWAY

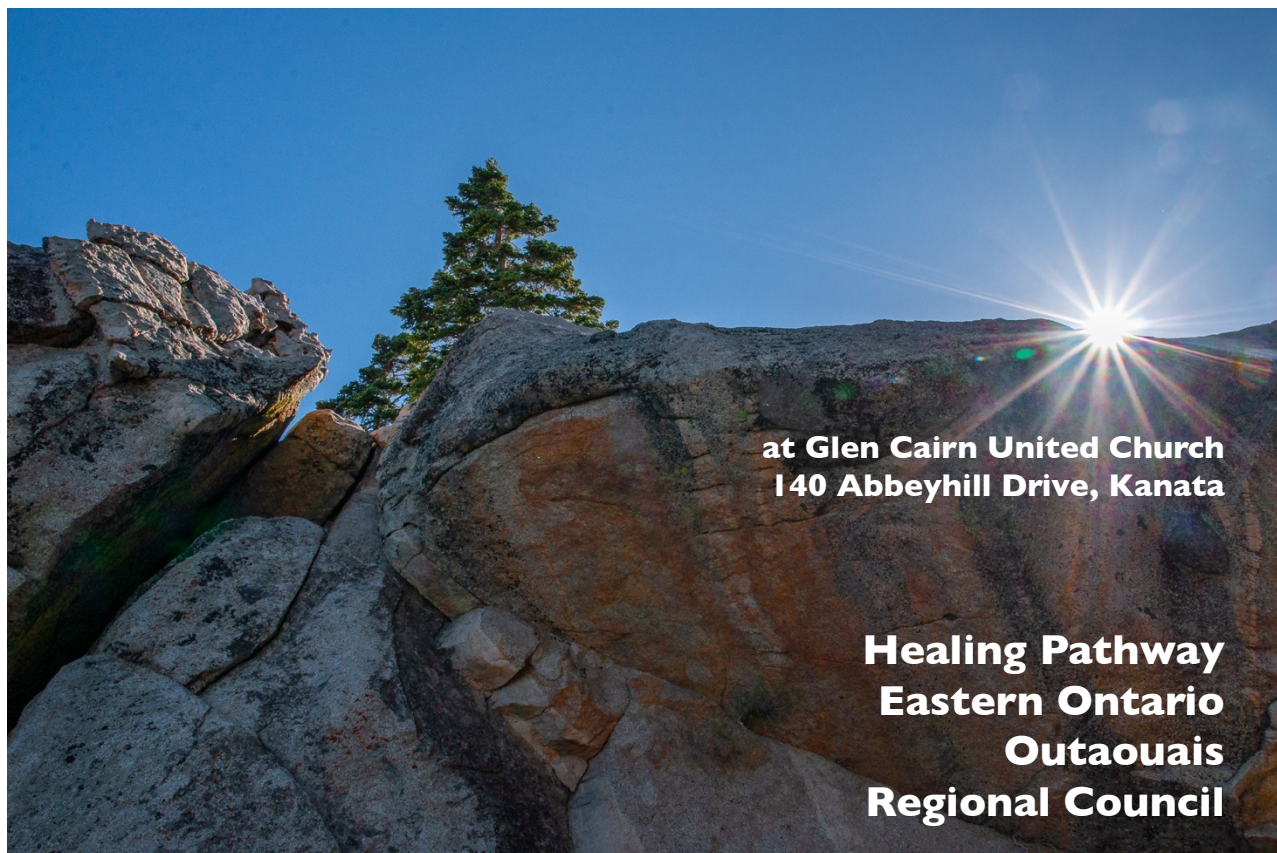
Phase 2 Workshop  
Where Two or More Gather

Friday, September 29, 2023

9 am - 5 pm

Saturday, September 30, 2023

9 am - 5 pm




**at Glen Cairn United Church  
140 Abbeyhill Drive, Kanata**

**Healing Pathway  
Eastern Ontario  
Outaouais  
Regional Council**


Join us in a safe, quiet place as you learn about and explore energy in new ways. Leave feeling empowered to support yourself and others in the challenges of everyday life.

In this workshop you will experience techniques both for working with others and for self-care that focus on heart-centred energy healing as a spiritual practice.


At this experiential workshop you will:

 **Learning about the surface anatomy of the neck and back**

 **Exploring the body, mind and soul connections to the neck and back**

 **Learning and practising specific healing sequences for the neck and back**

 **Learning and practising the Sacred Cross technique**

 **Learning and practising the basics of group healing**

#### **What past participants shared:**

“Healing Pathway is a spiritual practice . . . a healing balm in my life.”

“I am connected in body, mind & spirit.”

“I know what it is to be fully present to the moment, others & universal power.”

#### **Instructors:**

Come, be inspired, and immerse yourself in a workshop course with two experienced, heart-centered facilitators – Sharon Moon and Joy Judd. Together they offer years of wisdom and healing experience. Share in their passion for this transformative practice.

#### **Sharon Moon**

Is a retired United Church minister who has cultivated Healing Pathway ministries in Ottawa and Montreal. Many are familiar with her guided meditation CDs and books. Sharon loves to accompany people working to integrate and heal body, spirit, mind and soul. She finds Healing Pathway a wonderful avenue for this work.

#### **Joy Judd**

Offers her time, energy and spiritual gifts to the pastoral care ministry, and believes Healing Pathway is an integral part of this healing ministry. Since 2009, Joy has offered her love, compassion and Pathway experience at Glen Cairn United Church in Ottawa. She serves on the Coordinating Circle and Directors Circle of the Healing Pathway Society. Joy felt called by the Spirit to be an Instructor to help spread the healing love and light of the Pathway.

#### **Registration Information:**

**Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

Initial deposit of \$50 required

The balance is due on the first day of the workshop.

Early bird - \$250 by September 1<sup>st</sup>

Full fee - \$275 after September 1<sup>st</sup>

Repeater fee - \$150 (\$175 after September 1<sup>st</sup>)

**Participants must have taken Phase I – An Introduction**

**Cheque for a deposit of \$50 made payable to:** Healing Pathway Eastern Ontario  
Ouataouais Region

#### **Mail registration and payment to:**

Healing Pathway  
1081 Ambleside Drive Unit 611  
Ottawa, ON, K2B 8C8

#### **OR**

eTransfer your payment to:

[treasurer.eorc@gmail.com](mailto:treasurer.eorc@gmail.com)

And send your email registration confirmation to [odyssey44hc@gmail.com](mailto:odyssey44hc@gmail.com)

#### **Food**

Snacks and drinks will be provided. If you have special dietary needs, please let us know or bring food for yourself. Please bring your own lunch each day.

#### **Clothing**

Please dress in comfortable clothes and shoes.

#### **What to bring**

Bring a pillow and a blanket.