



We sought to understand...

Perceptions of church in general Perceptions of the United Church Reasons for attending church or not What about the UCCAN might resonate



**Among Canadians surveyed** 45% consider themselves spiritual 21% consider themselves religious 1/2 believe in God 19% feel that religion is an important part of their life

## Canadians report their #1 challenge is physical health followed by...

- 32% Mental Health
- 28% Stress
- 24% Lack of purpose
- 20% Not meeting their own potential



## Canadians ranking reasons for church

- 37% social interaction
- 36% sense of belonging
- 33% moral/spiritual guidance
- 32% being with a higher power
- 30% comfort in life's trials

## Perceptions...

- Spiritual
- Welcoming
- Beneficial
- Helpful
- Uplifting

- Hypocritical
- Damaging
- Boring
- Awkward

## Biggest Barriers to attending

- 32% Not open-minded enough
- 29% My belief not strong enough
- 28% Feel out of place
- 24% Issues not relevant to me
- 23% Can get benefits other ways



